

# HARMONY

WE'RE ONE BIG HAPPY FAMILY!!

"ALEXA,  
(or OK  
GOOGLE!!) PLAY  
FUN KIDS!!"



Welcome to this month's lodge newsletter.  
This is where we share what we've been up to,  
celebrate achievements, and look forward to  
what's coming next.

Team LEADERS  
Meet-UP  
With Manager



# HARMONY

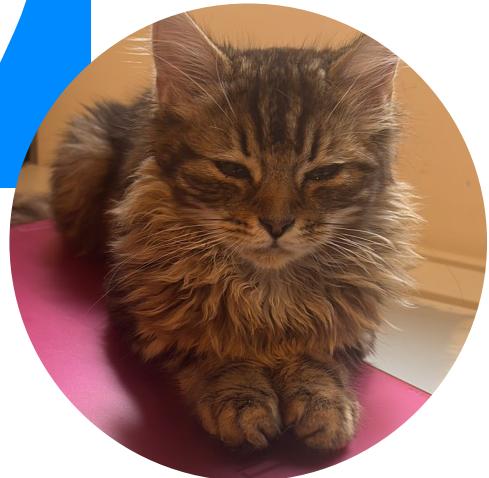
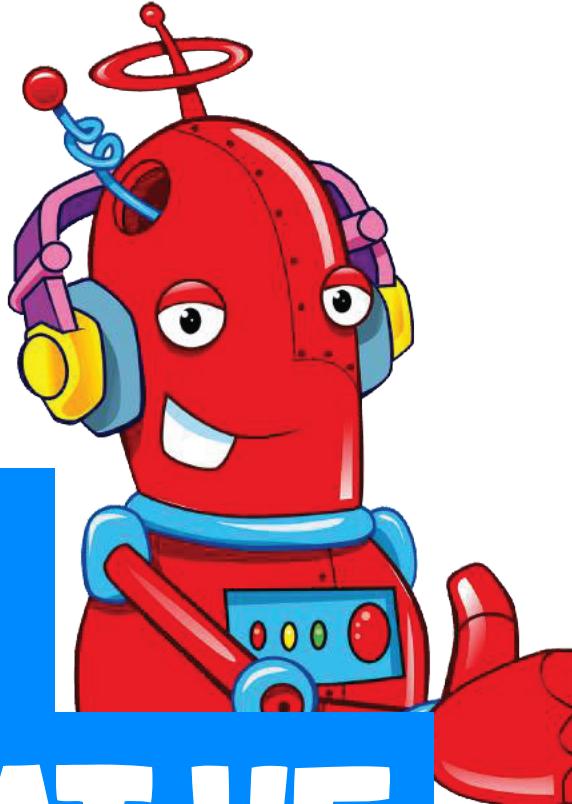
ONE BIG HAPPY FAMILY!!

# LIFE AT THE LODGE - WHAT WE DO EACH DAY

This month has been full of positive moments at the lodge. Everyone has been enjoying their routines, spending time together, and taking part in activities they enjoy.

Some highlights this month:

- Cooking meals together
- Watching favourite TV shows
- Going for walks and enjoying fresh air



# WHO'S ON HARMONY? LIST

Harmony lodge is shared by just the three of us, creating a calm and friendly home.

Being a small household helps everyone feel comfortable, supported, and able to enjoy both time together and their own independence.

**NATHAN**  
DUFFELL

**JACK**  
HARMAN

**RHIANA**  
HUMPHREYS



# NATHAN

It's Nathan here! welcome to our newsletter!

This is my spot, and I'd like to share a little bit about myself. As you can see from the picture, I love music, especially hip hop. In my free time, I enjoy listening to music, and sometimes I like to sing, just like I did at our end-of-year party.

I also love swimming, especially on a hot, sunny day. It really helps me feel good and get through the day.

**"Alexa, play Fun Kids"**

**MUCH  
ABOUT  
ME !**

**I love football and enjoy watching matches whenever I can.** I am a proud supporter of Aston Villa and like following their games and results. Supporting my

**WANT TO KNOW IF I'M FOOTBALL FAN**

team makes me happy and gives me something exciting to look forward to.



# NATHAN'S A ROCKSTAR

I'm the energy and rockstar of the house. I love bringing fun and positivity to everyone and making our home a lively, happy place.

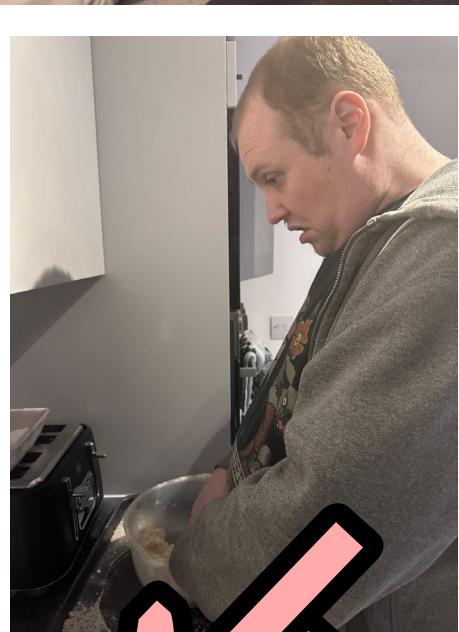
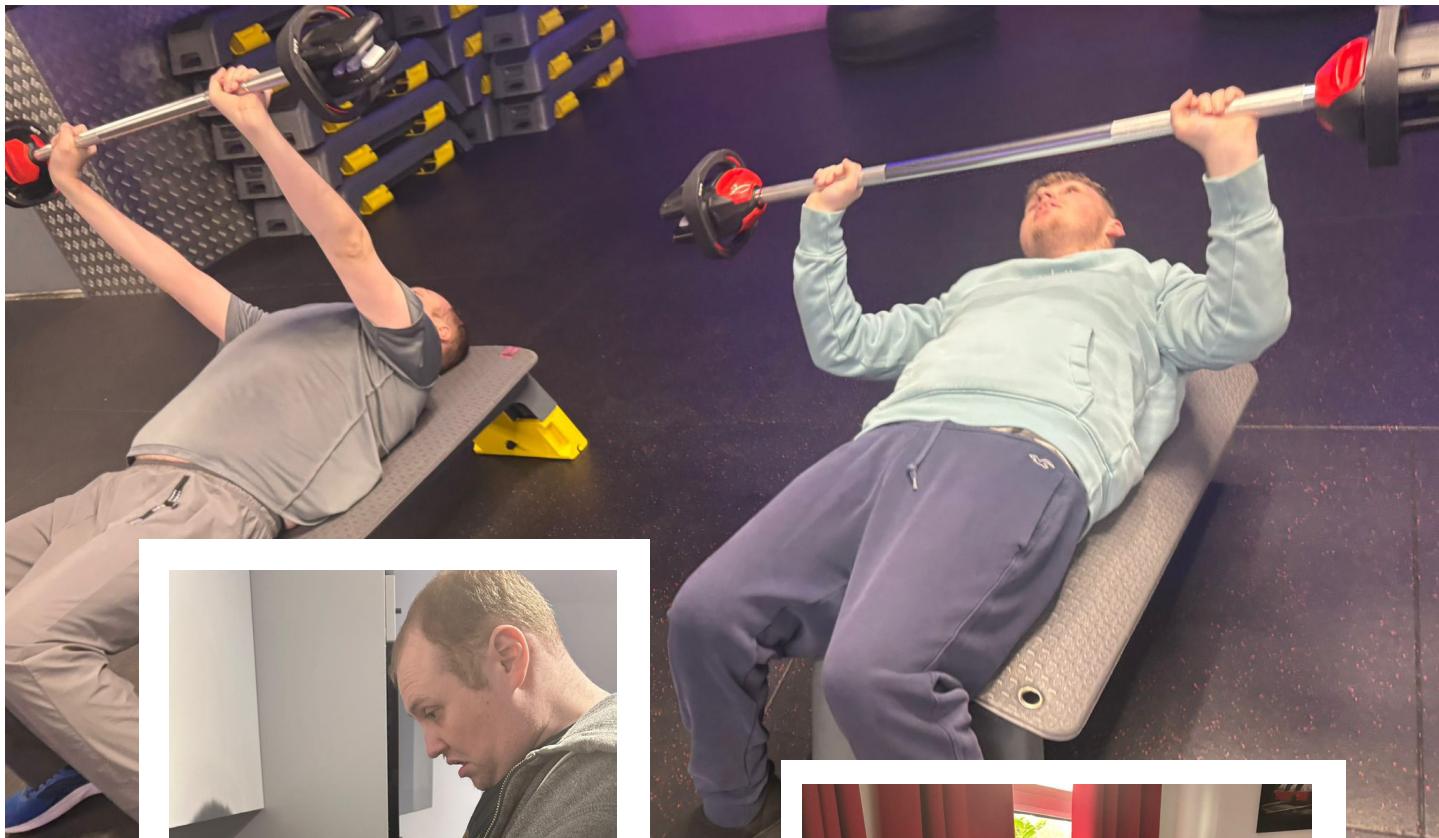


# JACK'S HOBBIES

# COOKING AND GYM

I love keeping active and spend a lot of time at the gym. Working out helps me stay strong, healthy, and full of energy.

I also enjoy cooking and trying out new recipes. Making tasty meals is something I really enjoy, and I like sharing them with everyone at the lodge. Between my workouts and kitchen adventures, I like to keep life fun and full of energy!



# Our Power Staff

The staff at the lodge are our very own Power Staff! They work hard every day to make the lodge a safe, happy, and fun place for everyone. From helping with daily routines, planning activities, supporting us with our goals, to just being there for a chat, they bring energy, care, and positivity to our home.



We couldn't do it without them, they are the real superheroes of our lodge!



# Rhiana Humphreys

Hi, I'm Rhiana! I'm the only girl in the lodge, and I like bringing my own energy to the home. I enjoy spending time with everyone and taking part in different activities. I love being creative, whether it's through art, music, or just making our home a cheerful place. I like helping make the lodge a happy and friendly place for all of us.



I may be the only girl in the lodge, but I bring all the sparkle and fun!

I love being the only girl in the house because it gives me the chance to shine, share smiles, and make every day a little brighter!

