



GLADES LODGE NEWSLETTER '25

Welcome to a glimpse into daily life at Glades Lodge, home to Amy, Jamie, Megan, and Nepun – filled with laughter, routines, and the special moments that make their home unique. We're excited to share what they've been up to!

Over the past year, Amy, Jamie, Megan, and Nepun have enjoyed a wide range of fun and fulfilling activities. They've been out and about visiting local parks, cafés, taking part in music sessions, going out for picnics, and even trying their hand at bowling. At home, they've helped with gardening, tidying up, and keeping their living space organized.

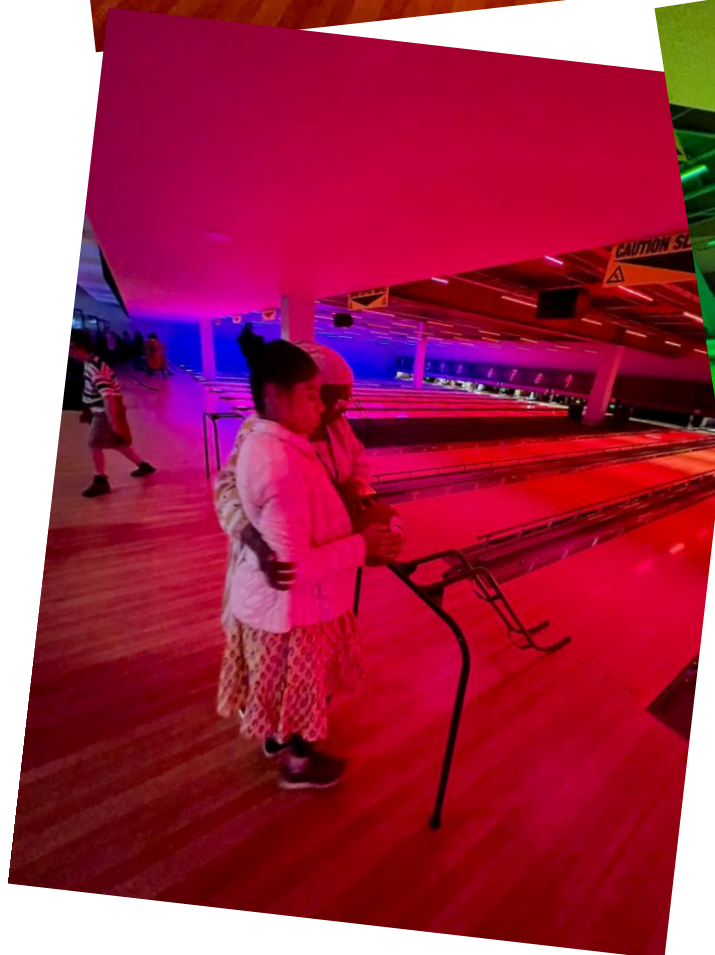
Take a look at the photos to see some of the wonderful moments they've shared throughout the year!



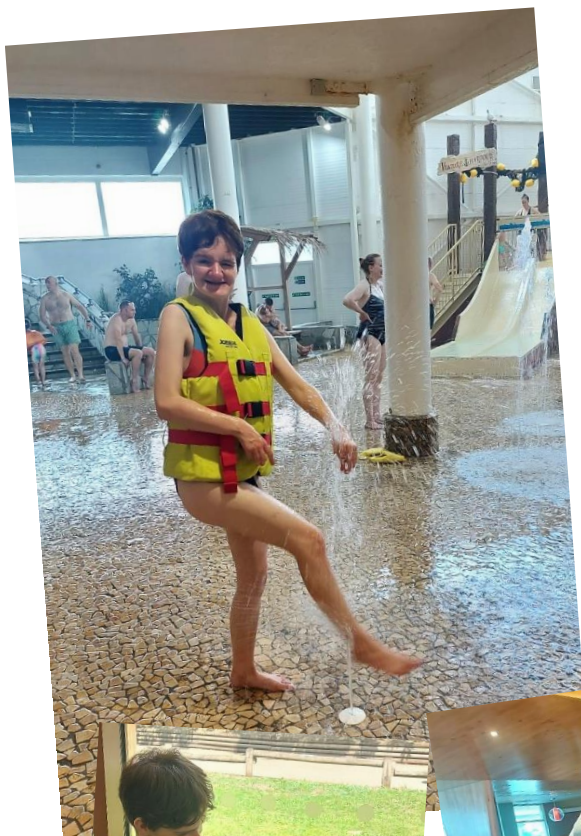
All four residents enjoyed a lovely day out at Greenwich Park, making the most of the sunshine and fresh air. They had a relaxing picnic together, surrounded by beautiful green spaces and scenic views.



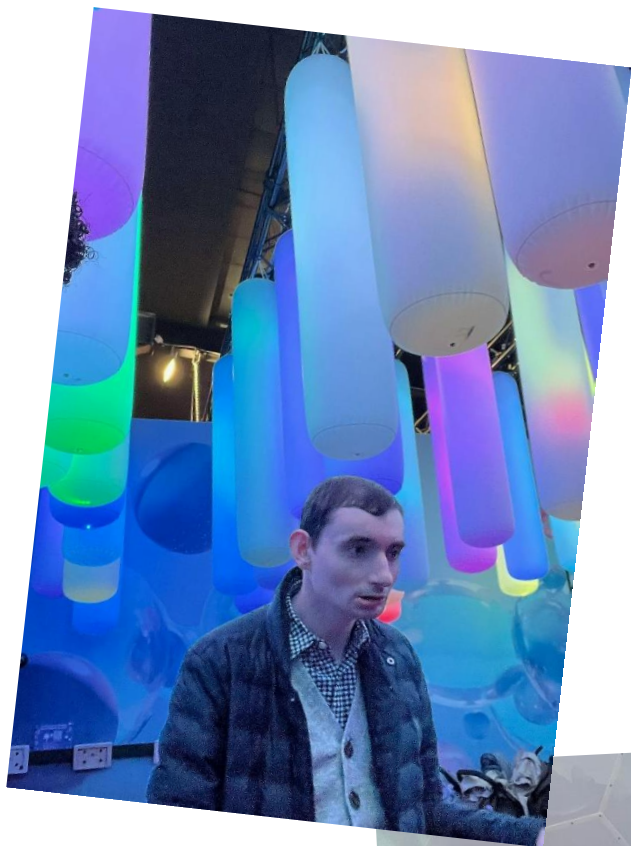
One of their favourite activities is bowling. It's always a fun outing filled with friendly competition as they take turns trying to knock down the pins.



One highlight was Amy's personal holiday to Centre Parcs, where she had a fantastic time swimming, enjoying delicious meals, and taking part in a variety of activities.



Megan and Jamie had an exciting visit to Bubble Planet, where they explored colourful, interactive bubble-themed rooms. They had a great time taking in the sights, enjoying the sensory experiences, and making fun memories together.



Amy, Jamie, Megan, and Nepun all enjoyed a lovely trip to a local farm for strawberry picking. They had a great time exploring the fields, picking fresh strawberries, and spending time outdoors together. It was a fun and tasty experience for everyone!



Everyone has enjoyed getting involved in daily life at home. They've helped with cooking, lent a hand with household tasks, and even hosted a barbecue—complete with delicious food and good company. They've also loved visiting local cafés, enjoying the chance to relax and spend time together in the community.





Amy waves bye-bye to everyone 😊

It's been a joyful and activity-filled year for everyone at Glades Lodge. From exciting days out to meaningful moments at home, Amy, Jamie, Megan, and Nepun have made wonderful memories together. We look forward to many more special experiences in the months ahead!